

## **SOLDIERS' HOME SCHOOL OF PRACTICAL NURSING – TEWKSBURY HOSPITAL**

### **COURSE PLACEMENT, DESCRIPTION, AND HOURS**

The duration of the program is forty-two weeks, full time (8:00 AM until approximately 4:00 PM) Monday through Friday from 8:00 AM until approximately 4:00 PM.

Classes begin September 14, 2009 with graduation on July 22, 2010.

#### **Term I**

Anatomy and Physiology	48 hours
Nutrition	16 hours
Microbiology	16 hours
Growth, Develop, & Behavior	32 hours
Nursing Issues	30 hours
Pharmacology	34 hours
Foundations of Nursing	93 hours
Clinical Practicum	84 hours
<b>.....Total Term I Hours</b>	<b>353 hours</b>

#### **Term II**

Medical-Surgical I	88 hours
Clinical Practicum	241 hours
Pediatric Nursing	30 hours
Clinical Practicum	24 hours
<b>.....Total Term II Hours</b>	<b>383 hours</b>

#### **Term III**

Medical - Surgical II	77 hours
Clinical Practicum	202 hours
Maternal Newborn Nursing	30 hours
Gerontology	19 hours
Clinical Practicum	63 hours
<b>.....Total Term III Hours</b>	<b>391 hours</b>

<b><u>Total Program Hours</u></b>	<b>1127 hours</b>
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### **Anatomy and Physiology - Term I - 48 hours**

The course Anatomy and Physiology, explains facts and principles of human structure to the beginning student. The course progresses from organization of the body and the single cell to the coordinated whole. The student is encouraged to view the body as having its own innate ability to adapt to its environment successfully. Although the course is organized for clarity into body systems, a main theme of the course is the integration of all body systems for the maintenance of the internal state of balance or homeostasis.

### **Nursing Foundations - Term I - 93 hours**

Nursing Foundations is designed to equip the student with the necessary knowledge and skills essential to rendering basic nursing care. Its focus is on the client as an individual and the role of the nurse in assisting man with self care practices. Students are encouraged to respect client's own personal and continuous contribution to his/her own health and well-being. Nursing action is based upon the principles drawn from the behavioral, social and biological sciences. Simulated client care situations are designed to provide the student with the opportunity to apply these principles in the promotion of health, prevention of illness, the detection and treatment of health deviations. The nursing process is introduced to help the student identify the client's needs.

### **Human Growth, Development and Behavior - Term I - 32 hours**

Orem's self care concepts are an interwoven thread of the growth and development process. Growth, Development and Behavior is designed to introduce the student to the basic concepts of normal growth, development and behavior as it relates to all age groups. It introduces the student to basic personality development and its effect on behavior - Freud, Erickson and Maslow. Lectures and discussions are geared toward establishing the skills necessary to develop rapport with patients and understanding of patient behavior in order to give total patient care. Emphasis is placed on correlating social and emotional aspects of care with physical care.

### **Microbiology - Term I - 16 hours**

Microbiology is designed to introduce the practical nurse student to the basic concepts of microorganisms, to provide knowledge of their existence, growth and reproduction. This course provides a basis for the student to learn prevention and control of transmissible diseases in the hospital and community setting.

### **Nutrition - Term I - 16 hours**

Nutrition is designed to provide the beginning student with an understanding of the fundamentals of nutrition and how these fundamentals relate to the promotion and maintenance of optimal health. It emphasizes the practical applications of the current principles of nutrition and diet therapy in meeting the universal self care needs of the client.

### **Pharmacology - Term I - 34 hours**

Pharmacology teaches the student to administer medication with concern for safety, precision and attention to important physiologic factors. Course content includes: principles of pharmacology, administration of medications, mathematics of dosage and classification and actions of medications. This course correlates pharmacologic response to nursing actions. The course reflects the nurse's responsibility in providing sound knowledgeable care in the area of medication administration.

### **Nursing Issues - Term I - 30 hours**

Nursing Issues is designed for the student to provide part of his/her foundation in practical nursing. The course assists the student with self development. It introduces the various components of health care which impacts nursing and emphasizes the patient as the focus of nursing. Nursing theory and nursing process are stressed as the guides to the nursing practice.

### **Medical-Surgical Nursing I - Term II - 88 hours and Medical-Surgical Nursing II - Term III - 77 hours**

Medical-Surgical Nursing I and II are designed to prepare the practical nurse student to give safe, responsible, supportive care in assisting the client with self care practices. The importance of nursing observations as a basis for diagnosis and selecting appropriate nursing interventions is emphasized. Although the course is divided into units according to body systems, the student is encouraged to view the client as an individual with physical, emotional and social needs, along with an innate ability to care for himself. Each unit contains a description of observations that can be made by the nurse when the client has a disease affecting that body system. Also taught are clinical manifestations, nursing interventions, pathophysiology and medical treatment. The students are taught to focus on maintenance of clients' self care activities, the individuals continuous needs to sustain life and health; recovery from disease and injury; and the ability to cope with disease and injury. Students are encouraged to educate the client and realize the clients' contribution to his/her own care. Students will provide total patient care when clients are unable to engage in self care activities. In conjunction with the three basic nursing systems, the students apply the nursing process throughout the course of study.

### **Pediatric Nursing - Term II - 30 hours**

Pediatric Nursing introduces the student to health promotion, health maintenance and health problems affecting infants and children. The student will incorporate growth and development in studying specific conditions of the child to promote optimum health and development. Students will begin to analyze psycho-social effects of illness as they affect children of various socio-economic and cultural backgrounds. The nursing process will be used as a foundation for providing nursing care to infants and children. Increased emphasis will be placed on the responsibilities of the student in teaching the child and family.

### **Maternal-Newborn Nursing - Term III - 30 hours**

Maternal-Newborn Nursing is designed to prepare the practical nurse student to give safe, intelligent, supportive care to mothers and infants within the field of maternal-newborn nursing. The principles of family centered care are stressed and integrated throughout the course. The student is provided with the opportunity to understand the overall effects of pregnancy, labor, delivery and the early post-partum period on the entire family, as a unit. Normal conditions are followed by abnormal ones. Although the course is organized for clarity into time periods in the childbearing cycle, prenatal, intrapartum, postpartum and newborn; the theme of family care is threaded throughout the course.

### **Gerontological Nursing - Term III - 19 hours**

Gerontological Nursing is designed to give the student practical nurse a positive view of aging and the aged population. Through this course the student will be able to recognize the individuality of each person and help promote optimal functioning. Lectures and discussions are geared toward providing knowledge unique to caring for the older adult. The overall approach is on health and wellness, with a major focus on health promotion and restorative care. Case studies will help to enhance the students learning.

### **Course Exemption Policy Criteria**

- ..... The course(s) must have been completed within the past five (5) years at an accredited institution within the United States.
- ..... A course grade of “B-“ (80%) or better must have been received.
- ..... Course must be congruent with the course taught at Soldiers’ Home.
- ..... Foundations of Nursing or any nursing course that includes a clinical component can not be exempt.
- ..... Exemption will not be granted for more than half of a term or more than one third of the program.
- ..... Accepted students seeking exemption must submit the following:
  - written request to the director of the school
  - official transcript
  - course description taken from the school’s catalogue, brochure or syllabus

Revised 4/11/08